



Activities at home for Hedgehogs

Our topic for the month of February is: Sensory exploration

The areas we will be covering are:

- Exploring different textures and creating patterns with paint, baked beans, gloop, pasta, rice, cereals, shaving foam, jelly, play dough, soapy sand and cloud dough.
- Scented playdough - manipulation and using tools.
- Expressing selves through dance eg moving in different ways.
- Exploring different types of music from different countries and cultures.
- Making musical instruments and guessing games with sounds the instruments make.
- Adding our own sound effects and character voices to stories.
- Learning about our bodies and our 5 senses.
- Tasting new foods.
- Sensory box - confidence to take a risk to feel.
- Activities exploring 'The Gingerbread Man', 'Going on a Bear Hunt' and 'The 3 Little Pigs'.
- Go on sensory walks outside in the garden.
- Exploring the mud kitchen and potion station.
- Create sensory play worlds for the small world toys.
- Exploring shapes in different sensory textures.
- Valentine's Day - 14th
- Lunar New Year activities - 17th
- Pancake Day - 17th

Books, rhymes and songs:

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| <ul style="list-style-type: none">• The Gingerbread Man; The 3 Little Pigs; Going on a Bear Hunt; Goldilocks & the 3 Bears (story sack available to borrow from office).• Music bag.• Down by the Station (cd story)• My senses (song). | <ul style="list-style-type: none">• Busy Feet (physical activity programme).• Tumble Tots (physical activity songs and rhymes).• Funnybones (story).• Creepy Crawly Calypso (story cd)• What the Ladybird Heard (story)• Wibble Wobble Jelly on a Plate (song) |
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Ideas how to explore this topic at home or when you are out and about:

- Exploring different textures and creating patterns at home with paint, baked beans, gloop, pasta, rice, cereals, shaving foam, jelly, play dough, soapy sand and cloud dough. Take photos and send/bring in.
- Making a mud kitchen in the garden.
- Make up silly songs about messy play to sing at nursery.
- Walks in local environment - what we can hear, see and smell.
- Draw pictures of what you can hear, see, smell and touch in your house.
- Listening to different types of music at home and share with friends your favourites.
- Sensory play at bath time - use different flavours of bubble bath, add toys to the bath.
- Cooking, baking and tasting.
- Making Valentine cards for family and friends.
- Celebrate Valentine's Day, Lunar New Year and Pancake Day with family and friends.



Activities at home for Lambs

Our topic for the month of February is: When I grow up...

The areas we will be covering are:

- Role play - dressing up as a variety of characters, using different props and acting out scenarios/experiences (job roles and real-life home lifestyle).
- Exploring feelings and emotions using puppets and finger puppets.
- Choosing favourite songs from the song box.
- Using the story stones to enhance imagination and vocabulary when telling stories.
- Circle times- what I want to be when I grow up.
- Identifying opposites within stories ie big/little, happy/sad, up/down.
- Small world play based on jobs, people who help us and home life.
- Telling stories using puppets and put on puppet shows.
- Identify action words and familiar logos.
- Practical skills - cutting up our snack, helping each other, sorting, tuff tray activities.
- Physical skills - outdoor play, games, fine and gross motor activities.
- Valentine's Day - 14th
- Lunar New Year activities - 17th
- Pancake Day - 17th

Books, rhymes and songs:

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| <ul style="list-style-type: none">• We're Going on a Bear Hunt, The Gruffalo, The Tiger who came to Tea, Hungry Caterpillar, Monkey Puzzle - story boxes available to borrow.• Favourite stories - What the Ladybird Heard, The Snail and the Whale, Peppa Pig, Zog, Room on the Broom, Stickman. | <ul style="list-style-type: none">• Traditional tales - Goldilocks and the 3 Bears, 3 Billy Goat's Gruff, 3 Little Pigs, Little Red Riding Hood, The Gingerbread Man (story boxes available to borrow).• Favourite fairy tales - Snow White.• Jack and the Beanstalk (story cd)• Nursery rhyme books.• Familiar songs and rhymes. |
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Ideas how to explore this topic at home or when you are out and about:

- Take pictures of self in dressing up clothes at home to share.
- Celebrate Valentine's Day, Lunar New Year and Pancake Day with family and friends.
- Learning through play - helping to make meals safely, helping with household tasks (sorting washing, counting money, tidying up, helping in the garden, recycling).
- Physical play - visit the park, indoor soft play, bed sheet parachute games, throw the socks in the wash basket.
- Learn about people who help us - visit the local fire station, spot emergency vehicles when out and about, learn about the roles of the police, paramedics, doctors/nurses and coastguard.
- Learn about your family's job roles and share.
- Practice writing and mark making using pens, crayons and paints.
- Write with a paint brush in sand, rice and flour.